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67 as measured with a load of 9.8 N by means of a durometer of Type A in accordance with Japanese Industrial Standard K 6253, and a crosslinking density of 0.15 to 0.8 mmol/cm³ or an allophanate bond concentration of 0.03 to 0.07 mmol/g.

17. (Thrice Amended) A sheet transport roll for use in a copying machine comprising: a shaft; and a urethane layer provided on an outer periphery of the shaft, the urethane layer being composed of a urethane composition in a cured state prepared from:

(A) a polyether polyol blend containing polytetramethyleneether glycol (PTMG) and polypropylene glycol (PPG) in a weight ratio of PTMG/PPG = 99/1 to 50/50; (B) a polyisocyanate; and (C) a chain lengthening agent; the urethane composition in a cured state having a hardness of 40 to 67 as measured with a load of 9.8 N by means of a durometer of Type A in accordance with Japanese Industrial Standard K 6253, and a crosslinking density of 0.15 to 0.8 mmol/cm³ or an allophanate bond concentration of 0.03 to 0.07 mmol/g.